CARE TEMPLATES

Young Person’s Guide

A welcoming, editable guide to life in your children’s home

PURPOSE

A professional, editable master template for registered children's homes in England. Replace all square-bracketed prompts and adapt the document to the home, children, locality and provider arrangements.

Document reference	CT-YPG-01
Home / service	[INSERT HOME NAME]
Registered provider	[INSERT PROVIDER]
Registered manager	[INSERT NAME]
Responsible individual	[INSERT NAME]
Version	1.0
Effective date	[DD/MM/YYYY]
Review date	[DD/MM/YYYY]
Approved by	[NAME / ROLE]

IMPORTANT USE NOTE

This template supports professional practice but does not replace individual assessment, legal advice or management judgement. The registered person remains responsible for accuracy, consultation, implementation and review.

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8. Health and feeling well

- You will be supported to see health professionals and understand your health plan.
- Medication will be stored and given safely. Adults will explain what support is available as you become more independent.
- You can talk about sleep, food, exercise, relationships, sexual health, substances, feelings or anything else affecting your wellbeing.
- If you feel very unwell or unsafe, tell an adult straight away. In an emergency, call 999.

Local health arrangements *GP, dentist, optician, children-in-care nurse, mental health and therapeutic support.*

[ENTER DETAILS HERE]

Things adults should know to help me feel well *This space can be completed with the young person.*

[ENTER DETAILS HERE]

9. Family, friends and important relationships

Your relationships matter. Your care plan will explain contact with family, friends and other important people. Adults will help arrangements happen safely and will explain decisions or changes. You can share your views and ask for support if contact feels difficult.

People who are important to me *This space can be completed with the young person.*

[ENTER DETAILS HERE]

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Version	Date	Change made	Author / approver

Reference framework

- Children's Homes (England) Regulations 2015: regulation 7 (the children's views, wishes and feelings standard) and regulation 16 / Schedule 1 requirements relevant to the children's guide.
- Guide to the Children's Homes Regulations, including the quality standards.
- Ofsted Social Care Common Inspection Framework: children's homes (current published version).
- The home's current Statement of Purpose, complaints procedure, safeguarding policy and local advocacy arrangements.

REVIEW REMINDER

Check legislation, statutory guidance, local safeguarding arrangements and provider policies whenever this document is reviewed. Update local contacts and external data sources before approval.

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